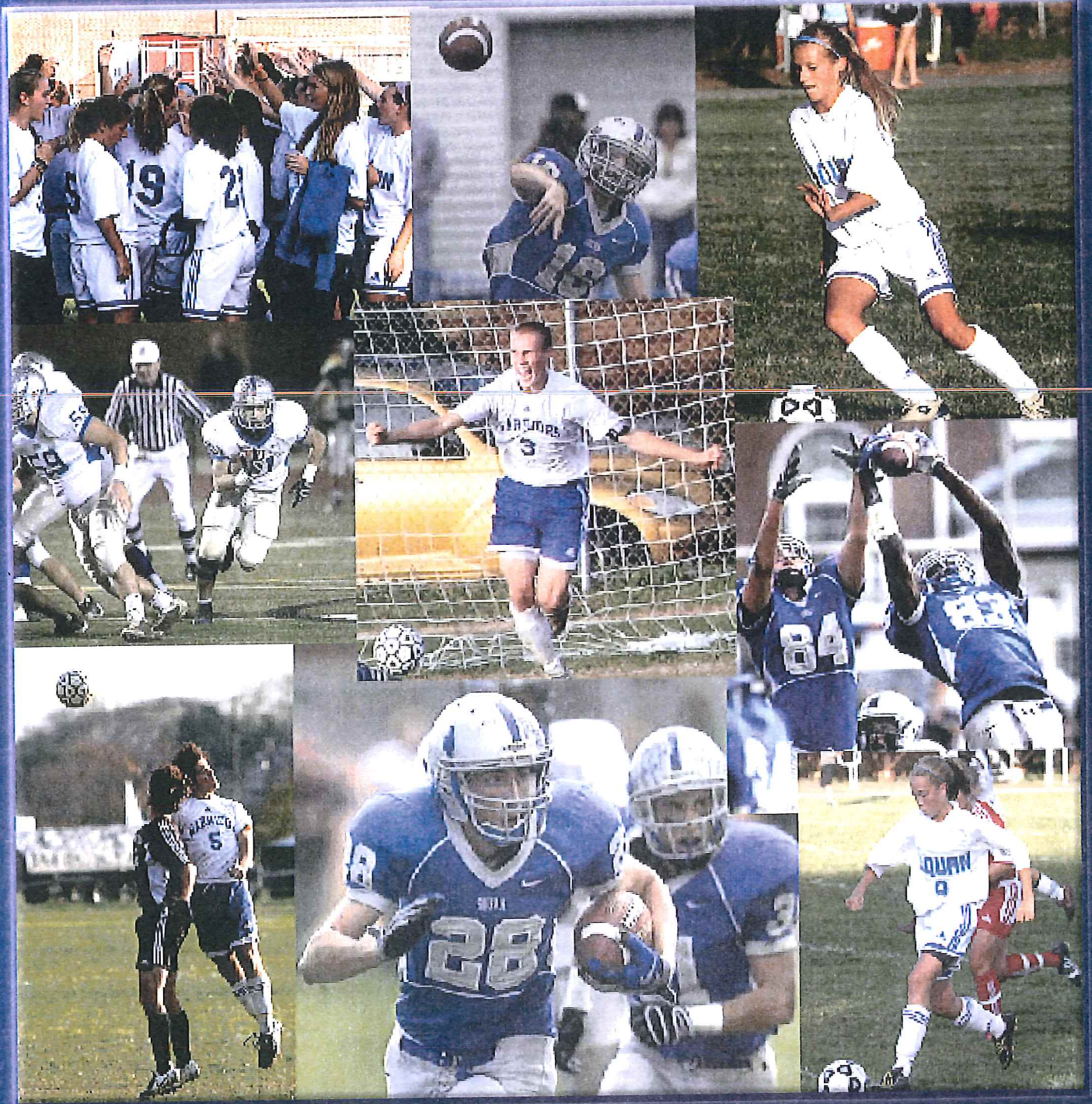


Manasquan High School

THE BLUE & GRAY

SPORTS!





Every Man's Fantasy...

By Nick Kull

On Sundays most people watch football and cheer for their favorite team. Sundays for some students at Manasquan High School, though, are about cheering for a different reason. They like watching certain players and their statistics so in the end they can win it all.

Over the summer senior James Abbot decided to create a fantasy football league that includes other students at Manasquan High School.

"I made a league with all my friends to have a good time and be the champion."

Before draft day a lot of students did their research by looking up player's statistics from last year and how they are doing in the preseason. When the draft was going on decisions had to be made "Who am I going to pick", "What if that player gets taken", "How am I going to win it all", "What player do I think will have a breakout year".

The league has become very competitive with trash talk and many transactions before game time. Here's a tip for those fantasy people out there, if you're going to pick up a player in free agency, don't wait till tomorrow or a few days from now. **TAKE THEM RIGHT AWAY!** Many teams have suffered from waiting to take that specific player, who is then taken away by another team. Most of the time it has been team Sweet Bro, lead by senior Dave Brown, snatching the star talent.

If you're watching a game and you see a sleeper that is doing well log on to your league and get that player, or else the Dave Brown's of your league will end up taking them. The most affected by this is senior Kevin Callahan whose father coached Miles Austin of the Dallas Cowboys at Monmouth University. That Sunday Austin had 10 receptions for 250

yards and 2 touchdowns, one being the game winner in overtime.

After that game Kevin and I were talking about Austin and how good he did. I asked him if he picked him up he said he was already taken by Dave Brown. Kevin tried to talk to Dave about a trade that would get Austin on his team.

"I asked Dave if he would be a good guy and given me Miles because I knew him personally. But he was selfish and refused to give him to me. It was a dirty move but it will come back to haunt him," Kevin said.

A lot of fantasy sleepers have come into play this year, helping teams in points and in victories. Cedric Benson who was cut by the Chicago Bears in 2007 and had a dismal year in 2008 is finally playing to his potential. This year out of nine games he has a total of 837 yards and six touchdowns giving him 125 fantasy points.

Matt Schaub of the Houston Texans has thrown for 2,653 yards with 17 touchdowns already beating his season high of 15. Schaub is ranked as the number one quarterback in the league and has multiple twenty fantasy point games leading him to have 195 points.

Miles Austin who only has 104 points but has made a huge impact to the team. Ever since his career game against the Kansas City

Chiefs, Austin was moved to the number two receiver but is known to be the go to receiver and has four touchdowns in three games. With the poor play of Roy Williams and Patrick Crayton, Austin has risen to the occasion.

This league keeps everyone focused, trying to improve week by week. The top eight teams make the playoffs after week 16, then the real battle will begin as one of the eight teams will try to win it all.



Football



League Freshness Standings as of 11/9/09

Chris Ariante E=mc^2 (9-0)

Kevin Callahn Child Please (6-2-1)

James Abbott MoNstaMaSh (6-3)

Korey McCormack Navigators (6-3)

Dave Brown Sweet Bro (5-3-1)

Dave Angstadt Dynasty (4-5)

Da'Ron Armstrong D SLICE Go Hard (4-5)

Nick Kull Globo Gym Purple Cobras (4-5)

Nick Lustrino Team Joben (2-6-1)

Nick Abbott Safari Ninjas (2-6-1)

Zach Ogden Matt Trice Son (2-7)

John Pavia J-E-T-S (2-7)

Teams Top 3 Players

E=mc^2 Matt Schaub (195) Saints Defense (118) Ryan Grant (96)

Child Please Tony Romo (163) Chris Johnson (151) David Garrard (117)

MoNstaMaSh Brett Favre (165) Deangelo Williams (130) Phillip Rivers (165)

Navigators Peyton Manning (187) Steven Jackson (98) Carson Palmer (154)

Sweet Bro Aaron Rodgers (205) Miles Austin (104) Michael Turner (131)

Dynasty Eli Manning (154) Thomas Jones (116) Vincent Jackson (114)

D SLICE Go Hard Jay Cutler (155) Cedric Benson (125) Ronnie Brown (112)

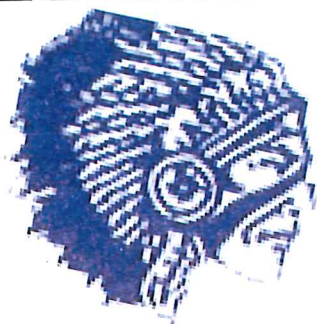
Globo Gym Purple Cobras Matt Ryan (136) Ricky Williams (105) Randy Moss (101)

Team Joben Tom Brady (185) Joe Flacco (143) Wes Welker (80)

Safari Ninjas Drew Brees (187) Andre Johnson (104) Steelers Defense (85)

Matt Trice Son Ben Rothlisberger (171) Vernon Davis (89) Larry Fitzgerald (105)

J-E-T-S Maurice Jones-Drew (156) Ray Rice (136) Kurt Warner (157)



BLUE & GRAY SPORTS

Field Hockey Finishes Strong

By: Shani Sanders



The Warrior Fockey team played Ewing in the opening round of the NJSIAA Central Jersey Group II Tournament on Saturday October 31st, winning 3-1 over the Ewing Blue Devils.

The sixth-seeded Warriors scored three goals in the second half over the eleventh-seeded Blue Devils.

After a scoreless first half, freshman Kaitlynn Anderson scored nine minutes into the second half giving the team a one point advantage.

Junior, Erin Healy sent a cross pass to senior Laura Phillips, who then passed the ball over to Anderson who cracked it in the goal right past the goalie's left leg.

With ten minutes left in the game, the Warriors scored a very important goal.

A long hit by junior Claire Toole was made to Kaitlynn Anderson, who continued rushing down the side line passing it to senior Toniann Fernandez, Fernandez quickly sent it to Phillips, Phillips settled it and sank the shot in for her first, but not last goal of the game.

Ewing, trying to stay alive in the game, responded with a goal on a penalty corner two minutes after Phillips's goal.

Then, with about three minutes left in the game, Phillips scored her second goal.

A beautiful pass combination between senior Colette Sabins, and junior Kendall Miller, moved the ball down the field. Sabins flew the pass over to Phillips, who drew the goalie out of the cage. With full control, Phillips pushed the ball right into the goal, making her second goal of the game.

After this exciting goal, the Manasquan Warriors snagged their win over the Ewing Blue Devils. This win saved

Manasquan High School
2009 - 2010



the Warriors to move on to the next round and at the same time, knock the Blue Devils right out of the tournament.

In round two of the NJSIAA Central Jersey Group II Tournament, our sixth-seeded Manasquan Warriors played the number third-seeded Collingswood Panthers, on Tuesday November 3rd.

Sadly, our Warriors lost to the Panthers 3-1, ending their season. Senior Laura Phillips, scored the Warriors' only goal to tie the

game in the first half at 1-1.

Warrior goalie senior Alicia Lyons made eight saves, as the Warriors were outshot 12-9.

"We came out hard in the first half and played well in the second half" began Warriors' Coach Cosse, "we just couldn't find the cage. We missed shots, and didn't execute on corners. We made some mistakes in the backfield, but overall, we just couldn't finish. I didn't expect to go far in states, but this was not how I wanted the season to end either, against a team we could have beaten." Cosse ended.

After having a shaky start and a well played season, the Manasquan Warriors finished with season record of 8-6-2, by winning to the eleventh-seeded Ewing Blue Devils, and losing to the third-seeded Collingswood Panthers. an NJSIAA Central Jersey Group II Tournament record of 1-1.

Our Warrior Fockey team, is looking forward to an exciting season next year. Although seniors, Alicia Lyons, Colette Sabins, Toniann Fernandez, Erin Stewart, Margot Lukas, Mary Kresge, Christine Lobosco, and Laura Jeanne Phillips will be missed dearly as they graduate, their leadership and wisdom will be passed down to the upcoming seniors.

Football

continued from previous page

in that category. McTighe is only two interceptions away from tying the school record. Kevin Callahan also added an interception

Seniors Dan Sullivan, Da'Ron Armstrong, and junior

Tariq Turner anchored a defense that played tough against a physical team.

Manasquan played Keyport due to their first loss of the season at Long Branch. The team was without several starters who were suspended for a viola-

tion of team rules, but the players who did play did a fantastic job. Although undermanned, the Warriors hung with the Green Wave for four quarters, relinquishing the lead with just over two minutes to play.

The Warriors will now

face the undefeated Rumson Bulldogs on Friday. With a win they will either play the number one seed Matawan or Raritan who is looking for revenge. With the team being fully back, it will be hard for anyone to defeat the Warriors.

★ ★ ★ ★ Horoscopes ★ ★ ★ ★

"Faithfull horoscope-watching, practiced daily, provides just the sort of small but warm and infinitely reassuring fillip that gets matters off to a spirited start."



Aries

There is still confusion in your stars, but it should end soon. Give it some more time and get prepared because a window of opportunity is about to open. You don't want to miss this window, because it is a good one, but it will probably only last a moment.



Libra

Your stars are making you aware of your inner struggle. The inner journey has become the heart of your experience and now you experience everything from the heart. Today, you will begin to see the world in an entirely different way.



Taurus

Taurus, relax and go with the flow for a while, because what will be, will be, the future is not for us to see. Or is it? Take a gamble on the stars that are telling you that at this moment, your future looks bright. Not matter what people tell you, there is no one rule to achieve success.



Scorpio

Once again, you are blessed by the stars. The price of this is being smart enough to use what they say instead of just listening to them. If you do, you will find a direction that has been charted by destiny. If not, you will probably not have as clear a direction.



Gemini

There is a little financial possibility coming your way, but your stars mostly favor romance. Sometimes you have to step away from the almighty draw of the dollar to taste the finer things in life. If not, you just get caught up in the rat race with no reason or end.



Sagittarius

All kinds of things that confused you in the past are beginning to make sense. Don't get trapped by thinking that you've arrived anywhere. This realization should only be the building blocks of future questions. Questions that will bring more answers.



Cancer

If you are compelled to indulge and resisting is driving you crazy, do it if you can indulge without overdoing it. Look at the bright side - this is a perfect opportunity to get a taste of what you want and build up your willpower at the same time.



Capricorn

Your new cycle is about to begin with all the hopes, fears, and possibilities of something new. The guidance you seek from the stars is about which direction to take. The stars will guide you if you don't let your ego get in the way of your judgment.



Leo

Now is one of those rare times when you get to look back and see where you came from. Doing this gives you excellent insight into your future, because life is a cycle that basically repeats itself. If you study your past, it will reveal many things about your future.



Aquarius

New financial opportunities should be coming your way. When they arrive, don't make a rash decision, sleep on it and make a decision tomorrow. By giving yourself time to think it over, you will be less confused and have a much clearer picture.



Virgo

Your ego says to go for it, while the stars say balance is the only control. You have to be careful not to get so off course right now that it takes more time than the window will be open to get back and on track again.



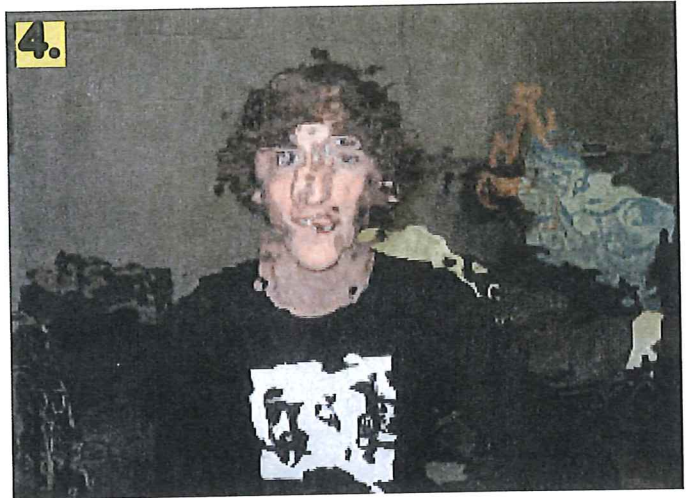
Pisces

You have the ability to change with the same dignity you stand your ground. The stars are in a position of change for those who usually roll with the punches and stay upright. You don't have to embrace change with open arms, all you have to do is meet it half way.

Senior Guess Who?!?

By Julia McGuire, Kate Ferraro, and Grace Danish

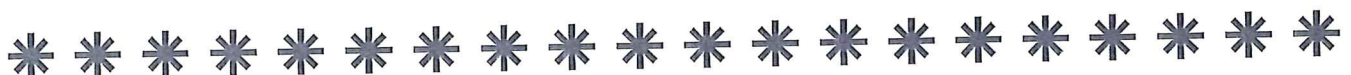
1. This senior lives in Spring Lake Heights and can always be seen with her six best friends. She is obsessed with shoes and her blackberry. Her family has a notorious sweet tooth, and she can be seen on the lacrosse field sporting #11. Can you guess who she is?



2. He is often seen in Heights skating or driving around with friends. In the summer, you can find him at South End or the local pool he lifeguards at. He has a dog named Bronx and 3 tattoos. Do you know who this senior is?



3. This Manasquan resident has a blue pick up truck that is often parked at the army camp during soccer season. His jersey reads #21. He has recently been sporting a new grown out "do." In the summer he works as a lifeguard and went to whiting beach. Can you guess who this senior is?



Steph's Squan Sense For Students

Manasquan:

Home of the Warriors. The epitome of tradition. The home of a football empire, built on the support of the student body. But all great empires have a surrounding town in which they get clothes, food, and above all, laughs.

Students voted on their favorite places to get the hottest styles and their favorite places to meet up and get some food.

(tie) **1.Squan Dry Goods** and **Inlet Outlet**

2.Rare Cargo

Top 3 places to get the hottest styles

1.Squan Dry Goods

1.Inlet Outlet

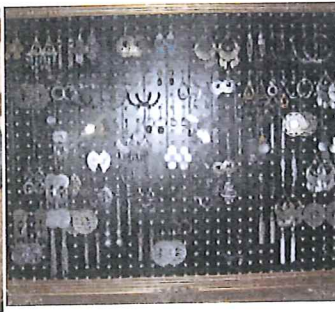


Recycle, Reduce, Reuse. Three words that take on a completely different meaning at **Squan Dry Goods**. This thrift store has some of the best clothes, anything from homecoming dresses to the perfect outfit for a date to clothes for a football game. They have designers such as Lucky, True Religion. Free People, and so much more.

We have a shop for all you surfers and skaters, too.

Inlet Outlet. This store has anything from the best of the best in surf boards and surf apparel (in case you don't know that's body suits and bathing suits) to that pair of sunglasses you can wear all summer. They have things for girls: bags, cloths, belts, hats. Don't think this is a just a summer store. They have Uggs, jackets, and the most perfect flannels for a long winter.

Rare Cargo is the elegant place to get clothes in this town. It has rings and necklaces, and all the jewelry a girl could want. They don't slack on hats either, and they have everything in a ton of styles. This place should definitely be on the map to find a homecoming dress too. This store is the balance and keeps it simple, elegant, and beyond all quality and quantity.



2. Rare Cargo

By
Steph Leather

Fashion ~~Do's~~ and ~~Don'ts~~ this Season

By: Sam Matthews

Do: Invest in a Vest.

Vests are more than just a comfortable alternative to a jacket. They have become a fashion staple this season and come in a wide array of colors and styles.



Don't: Be afraid to Shine.

Satin tops are in right now and not just for an evening out. Pair this effortless fabric with your favorite jeans for a chic day-time look.



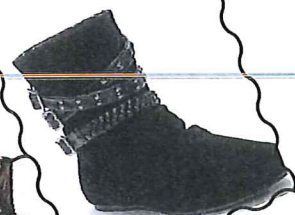
Don't: Wear Head to Toe Animal Prints.

While having some type of animal print in your closet will benefit you this season, going head to toe in this wild statement will get you into a worst dressed list very quickly.



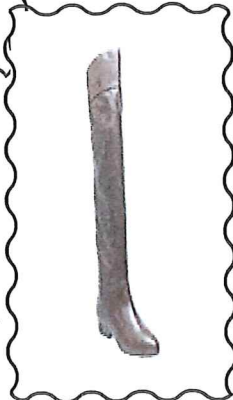
Do: Add hardware to your Wardrobe.

Be a biker fashionista without the bike. Whether it be leather or heavy metal accents add at least one piece to your wardrobe.



Do: Go to new Heights.

Over the knee boots are a great investment to your closet. Paired with leggings, skirts & dresses or skinny jeans and you'll be sure to turn heads.



Don't: Be afraid to go Long.

Long cardigans are a favorite right now. Go for a cardigan that hits mid-thigh and pair with skinny jeans or leggings for a classic look.



Entertainment



Gossip Girl Gets Hot

By: Grace Danish

Gossip Girl is back everyone! One of the favorite shows amongst the high school students is now back on the CW every Monday night. The much anticipated premier aired September 14th which added to the 20% increase in this years CW's TV ratings.

Last seasons ending left us with questions, "What will happen with Serena?" "Will Chuck and Blair make it through this summer" and "Are Nate and Vanessa traveling together through Europe?"

Our favorite couple is finally together and made it though the turbulent summer, the fabulous Chuck and Blair, teaching us new tricks on how to keep your relationship interesting. Though we had doubts that having another girl in the picture would work these two made it possible.

Serena shows us that she hasn't stopped her old ways, telling her family that she was going to Europe to find her self but starts drama in Europe to attract attention to get her father to reach out to her. She hoped that she could keep up her ways back in New York but that only sparked confusion with the family and she had to come clean about her wild ways in Europe.

Blair though is having trouble keeping up with her old stature; she is having a hard time being the Queen Bee because of roommate and former enemy Georgina who now seems to be the one in charge, charming the NYU students with parties and documentaries. There is also another change of pace, Dan Humphrey a geeky writer back in high school now the life of the party and peace maker for the NYU students.

A new guest star has been added to the show, Hillary Duff who plays Olivia who poses as a normal NYU student but really is a renowned movie star. Dan ends up finally finding his vision of a perfect girl, thinking that nothing can get in the way rumors circulate about a movie star in the school, which makes the relationship not so perfect.

Overall we GG fans are ready for another fabulous year. Stay tuned for more gossip.

FOREVER LOVE

By Carleigh Vuono

Who will be there when you can't find hope? Who will be there when you can't find happiness? Who will be there when you can't find help? The answer is simple: an influential organization called To Write Love on Her Arms.

To Write Love on Her Arms finds hope and help for those who struggle with addiction, self-injury, depression, and suicide. Their primary goal is to provide people with encouragement, inspiration, and information.

This organization started in 2006 as founder Jamie Tworkowski's effort to tell a story to help a friend. The story was entitled "To Write Love on Her Arms", thereby providing the groups name.

To Write Love On Her Arms (or TWLOHA for short) is based in Key West, Florida but is designed to connect people to treatment centers, webistes, books, and support groups nationwide. They try to bridge the gap between traditional treatment and the lives of the individuals.

TWLOHA hosts many festivals and concert tours while updating their social networking sites, and visiting schools and universities - all to promote the message of hope.

An online store is also available, containing Shirts, Hoodies, Totes, and more for both girls and boys. Most of the designs are special collaborations or case specific featured items.

Some collaborations include a T-shirt incorporating the band Forever The Sickest Kids they call 'Forever Love', the 'New Filled Tank' Chiodos design, and the 'Casey Shirt' honoring the life of Hawthorne Heights guitarist Casey Calvert.

In addition to inspiring shirt designs, musicians offer a lot of support to the group. The receive celebrity endorsements from Paramore, Switchfoot, The Blackout, Mayday Parade, Panic at the Disco, The Rocket Summer, Fireflight, Underoath, The Almost, Bayside, As We Collide, The Red Jumpsuit Apparatus, Fresno, and many more.

A Skylit Drive, as well as Between the Trees, have gone as far as writing a song about Renee Yohe, the Subject of the To Write Love on Her Arms story.

The TWLOHA Facebook is also a popular way for the group to get in touch with their supporters. The organization had an excess of over 233,000 fans. More than any other foundation of it's kind.

The internet promotion of the organization doesn't end there. Youtube sensations 'JumbaFund'

and 'SwiftKaroteChop' promote them through their subscribers as well.

The momentous popularity of the organization is one of the reasons that they can reach so many people and offer help and services to so many of those suffering.

The week of September 10th to 17th has been named 'To Write Love on Her Arms Week'. People around the world celebrate this by writing 'Love' on their arms, in marker or otherwise.

To Write Love on Her Arms is as popular as it is because it is run and supported by people with the purest intentions in their hearts. These are people who dedicate their lives to save those who are hurting.

FOR MORE INFORMATION VISIT:

<http://www.twloha.com/>

Did You Know?

- 121 Million People Worldwide Suffer from depression.
- 18 Million of the reported cases are happening in the US
- 30 percent of teens with depression also developing a substance abuse problem.
- 2/3 of those suffering from depression never seek treatment.
- Untreated depression is the number one cause of suicide, and suicide is the third leading cause of death among teenagers.

Students Tackle Issues in the World

The Blue & Gray Editorials

December 21st 2012:

By: Josie Gratzel

A Maybe, A Movie, or A Myth?

Time is always passing, a nonstop thing. Like a current, time is a chain reaction of life's occurrences and events.

The world runs on a universal clock. Seconds pass away so quickly that often people are found dumbstruck and left bewildered when those seconds turn to minutes, minutes to hours, hours to days, and days to years.



We all think we have an idea of "how much time we have." And unfortunately, sometimes we are not able to grasp the fact that each day when we wake up, we need to be aware of the fact that the end of time could be today.

December 21st 2012...for many this is just another day, but for others one question looms in their minds "Is 2012 the year that the cosmic clock finally winds down to zero days, zero hope?" Is this the day when time stops? There are people out in the world that do believe this is so. And there are many theories including the ones of scientist that believe they can back up their beliefs

with accurate evidence.

During ancient times, the Mayan's created a calendar. They were known to make very accurate predictions based on astrological star alignments, and they were a group devoted to astrology. On the Mayan calendar, December 21st 2012 marks the end of a 5,126 year era.

Some scientist believe that their will be a shifting of Earth's poles. If a geological shift, Earth's crust would slip around its molten core causing alterations of land masses. If so the end result could be catastrophic, with a series of tsunamis, earthquakes, and just plain massive obstruction. With a lot of research being done, scientists have found that the warming of the oceans could shift the Earth's axis up to 1.5 meters by the end of the century.

2012 a film to be released November 13th 2009, depicts the massive chaos that is expected to be present on December 21st 2012. A journal soon to be published, *Geophysical Research Letters*, found that the sea level risings, due to the warming of the oceans have already begun having a significant affect on the moving of earth's poles. As the ocean temperature rises there is an expansion of the water, which causes an increase in sea levels. Although many scientists have created these

continued on next page

What does Squan Say?



Freshman: "No I dont think the world will end in 2012, I just dont believe it. Its just um...a joke."
~Charlene Johnson

Sophmore: "It's all rumors the sun is not supposed to die for another couple billion years!"

~Erin Kraft



Junior: "The world is going to end...Earth's tectonic plates are going to get all messed up and then the earth is going to turn into a mar's like planet."

~Will Sanchez

Senior: "The World is not going to end on December 21st 2012 because Mr. Freda is going to save us all!"

~Tim Frangione



Teacher: "No I do not believe the world is going to end because the Earth is more resilient and we're able to handle more stresses than scientist give us credit for."

~Mrs. Crowning

Squan Teachers Put their Feet to the Street

By: Annie Zappulla
and
Stephanie Leather

Mostly everyone walks at some point in their life. If it be to a class, to the beach for some fun, or even the Korner Market for a snack before a practice. The bottom line is you walk. So why not put it to a good cause? These three teachers did just that.

Teachers Miss Congilose, Mrs. Fenlon, and Miss. Reidy have all took this caring quality and started or continued a traditional walk here at Manasquan High School this year.

To start off, Miss Congilose has a Bachelor's Degree in English at the Sacred Heart University. She graduated in the Class of 2007. She also has a Masters of Art in Teaching from the Monmouth University of 2009. Miss Congilose teaches English I and English II this 2009-2010 school year and is the advisor for Project S.O.A.R. as well as the Girls JV Soccer Coach.

"I definitely was happy with the outcome because it is a very nice way to celebrate the life of my grandmother," says Miss. Congilose.

Unfortunately, Miss. Congilose's grandmother was diagnosed with Alzheimer's five years ago and had just recently passed away. This tragedy has given Miss. Congilose the motivation to plan a walk called Memory Walk '09. This walk was on September 26, 2009 at Littler Silver Park in Point Beach.

Hoping to continue this tradition here at Manasquan High School, Miss. Congilose was very pleased with the outcome of her walk. They finished the walk with having around four hundred people show up and surpassed their goal



Miss Congilose pictured above with family members who participated in the Alzheimer's Association's Memory Walk 2009

of raising a thousand dollars for their first year.

Along with Miss. Congilose, there is Mrs. Fenlon. She has a Bachelor's Degree in Literature in Secondary Education. Having four years experience, she teaches English I, English II, and a Writing course. She is the National Honor Society and Sophomore Class Advisor.

"Every year we like to hold this uplifting experience to continue the tradition of thankfulness," Mrs. Fenlon explains.

Mrs. Fenlon is continuing her tradition for three years now. This year was a huge success for Manasquan and Communications High School. Everyone was able to connect with the children that deal with Down's syndrome.

Overall, there were fifty volunteers that showed up to help with the walk. The walk was held on October 3, 2009 at the Atlantic Club in Manasquan. Confident it'll maintain good progress for many years to come, Mrs. Fenlon was also very happy with the outcome.

The last of the teachers is Miss. Reidy. She came here, Manasquan High School, to attend high school which proves that an MHS student can make a difference. She graduated

from Salve Regina University with a double major in History and Secondary Education. In 2006, she taught World History at Jackson Memorial High School and later transferred to Point Pleasant Beach High School, teaching US History I, US History II, and World History. Miss. Reidy has just started teaching here in the first month of 2009 as an educator in Sociology and US History I.

The certain walk that Miss. Reidy participated in was held on September 26, 2009 in Avon. This walk benefited ovarian cancer and was run by the Kaleidoscope of Hope.

"It was fun and nice day. It was fun to be with my friends and raising awareness," she said. "This was my first year in this walk, but I've been participating in walks for 10 years. I will definitely be doing it again."

Her college roommate's cousin died from ovarian cancer four years ago which is one of the many reasons why she was involved in this walk.

Even though younger women, like the cousin of Miss. Reidy's roommate, can have ovarian cancer, this "silent killer" of a cancer is usually found in women over fifty years old. According to the American Cancer Society, women diagnosed in the earliest stages have a five-year survival rate of nearly ninety-three percent.

As seen by these three caring teachers, walking can be used for many other reasons than just for a workout or getting from one place to another. Thinking out side of the box, Miss. Congilose, Mrs. Fenlon, and Miss. Reidy have all participated in a walk for a cause. By doing this, their actions have motivated many others, young and old, to do the same.



Student Spotlight

Sophia Ganguzza

By: Karina Klindtworth

Lending a helping hand is an understatement for Junior Sophia Ganguzza. This Mother Teresa from Belmar is passionate about many things but above all she deems it necessary to incorporate community service into everyday life.

Sophia confesses that she feels slightly obligated to give back, but it makes her feel good at the same time. "I would rather give back than go out and party," said Sophia.

For Sophia it's always been this way. Ever since she was a little girl, the Ganguzza family has made baskets of food and delivered them to shelters for those in need. Her parents' actions taught Sophia a strong understanding of leadership and have encouraged her to take charge in community service.

For the past two years she has organized the Hold On Benefit. Sophia has put her heart and soul into the now yearly event. This charitable affair raises awareness for New Jersey's youth help line 2nd Floor, and provides alternatives to suicide.

Last year Sophia was recog-

nized for her prodigious amount of service, with a nomination into the HOBY Program. HOBY (the Hugh O'Brian Youth Leadership) is a program devoted to inspire the youth of America to abide a life "dedicated to

leadership, service and innovation."

Last year, when a representative from HOBY approached our guidance department looking for a sophomore to apply as a student leader Sophia was the first person who came to Mrs. Jarmon's mind.

"Sophia really took initiative to bring community service to the high school community; this was our way to reward her for her efforts," Mrs. Jarmon said.

The nomination into HOBY left Sophia honored and truly surprised but her summer experience in the program changed her life. Between the lectures, fun activities and group service Sophia left with a new outlook on life. It has made her more aware of how great service is especially at home.

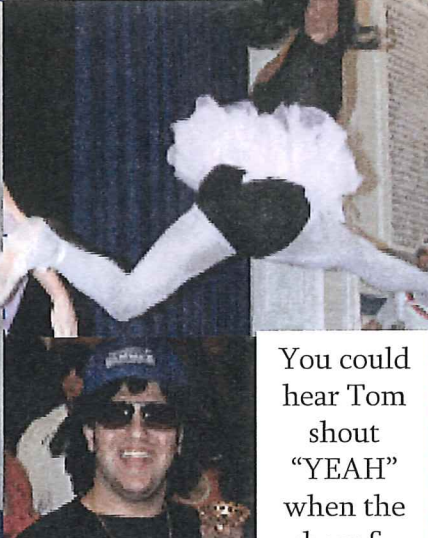
What does the future hold? She will definitely continue to give back, but in bigger and better ways. She has already applied to be a Team Alumni counselor in the HOBY program for next summer and even aspires to become a part of the World Leadership Congress. Based on Sophia's accomplishments so far, the sky is the limit for this majestic girl.



Junior Sophia Ganguzza

Manasquan's 2009

Mr. Harvey and his son opened the show with an adorable Batman and Robin bit, that sent senior Paul Tillman leaping across the stage in his point shoes and tutu.



You could hear Tom shout "YEAH" when the show finally started. This made these three goddesses smile for the whole show.

Miss H and Miss Z could hardly hold back their excitement in the hallway.



Robot Neal busts a move.



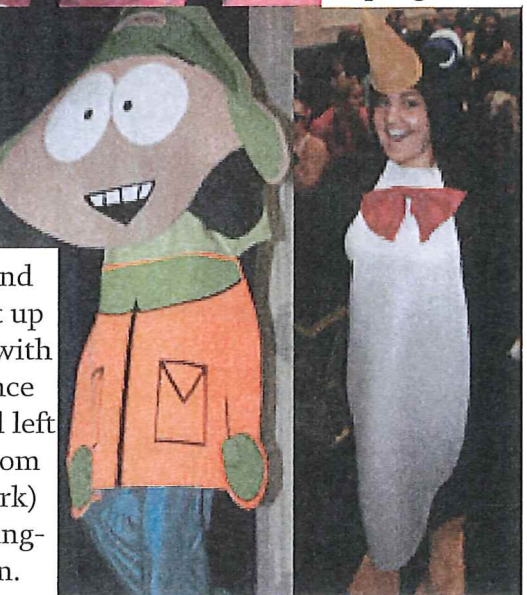
This made these three goddesses smile for the whole show.



Gwen Stefani's harajuku girls loved everything but not as much as the penguin.



Danny and Sandra lit up the stage with their dance moves and left Kyle's (from South Park) mouth hanging open.





Alright, so now that we have the introductions out of the way, let's get down to business. Chances are, unless you worked like 9 jobs in the last few years, or your parents have a lot of money, or you're an only child, etc, you're probably driving a used car.

Let me start off by saying, there is nothing wrong with that at all, but there can and always will be the possibilities of having a problem or two. In this month's column, I'll be talking about how you can ensure that the car you may go to buy is in good shape, and that the car you may currently be driving is safe and will not break down on you. So let's get going!

First off, let's assume that you haven't yet purchased a car. Before going to view a car you would like to purchase, I'd recommend a few things. For one thing, online you will have access to many tools that can help you from buying a bum car or one that has had a bad history. Kellybluebook.com is the site I've found to be most helpful, along with cars.com. Both of those sites can give you not only the suggested selling price, but also common problems for the specific model you may be looking at, as well as things to watch out for. Another thing to consider, that most people do not realize, is that you can usually ask the seller to take the car temporarily for an inspection by either the dealership of the car's make, or by your local independent mechanic.

Okay so, say you bought your car awhile back, and you've already been driving it for quite some time now. But every time you step on the brakes now, it makes this terrible squealing noise, as if someone is scratching their nails on a chalk board. Well, it sounds like you're going to need brakes soon! Having your brakes repaired can be an expensive job, however, neglecting to do so, could be dangerous for whoever is driving it. Another big thing that most people ignore is the CHECK ENGINE light. If ever a symbol in the shape of an engine, or the words CHECK ENGINE comes up on your dashboard, have the problem checked immediately. It can be something extremely simple, or extremely dangerous and expensive. Your best bet is to always have it checked out right away.

Also, you should know that basic maintenance goes a long way. Putting off your oil change "just another 1000 miles" or failing to inflate your tires to the proper pressure because you're lazy, could really damage your car, or worse, yourself.

In conclusion, with all this stuff I just mentioned, hopefully you can go buy your first or next used car (I'm on # 3 already, no I didn't crash 1 and 2!) with a bit more confidence, knowledge, and hopefully some more money in your pocket.

CONGRATULATIONS!

October Students of the Month



**Junior
Shane McCoy**



**Freshman
Chris Uchman**



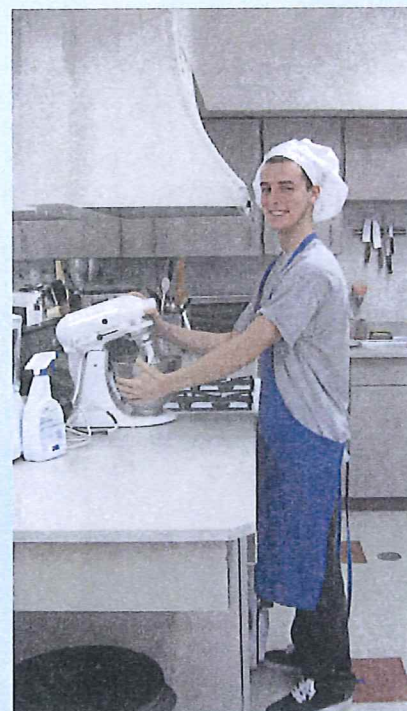
**Sophomore
Melissa Pavia**



**Senior
Danica Kovats**

Cardin Named Chef of the Month

Senior Evan Cardin earned the nod from Mrs. Yuhas, when he was honored as the October Chef of the Month. She praised his excellent skills as a chef and his willingness to help wherever he is needed.



HALLOWEEN COSTUME CONTEST

By: Grace Danish and K8 Ferraro



Best group costume winners Kate Ferraro, Grace Danish, Lauren Smith, Brittany Bogdan, Aubree Magyar, Laura Parker and Taylor Murphy

It's not everyday while walking through the hallways of Manasquan High School that you see monsters, robots, superheros, or even Lil Jon, but on Friday, October 30th, those were some of the things seen lurking around our school.

After the first bell, we got the camera and were ready to find the best costumes here at MHS. Our first stop was Mr. Fredas physics class, where we found a cereal killer and

priest in the same room, that's tricky.

After searching the school for costumes, it was time for the annual costume contest. The contest was MC-ed by our favorite senior hosts Shani Sanders and Noelle Lee-Turner. They kept the show going smoothly and looked great.

The most entertaining costumes included The Burger King "King", Billy Madison and the Penguin, bananas, a

care bear, naked trolls, and much more. A group of nine teachers chose the winners from four categories.

The categories consisted of best couple, best group, scariest, most original and funniest. The winners of the best couple were Jackie Tonkavich and Jeff Algor, dressed up as Danny Zuko and Sandra Dee, these two performed on stage as if they were a real couple.

The best group was dressed up as the Alice in Wonderland characters, this group was consisted of the senior friends, Laura Parker as Alice, Taylor Murphy as the Queen of Hearts, Grace Danish and Lauren Smith as Tweedle Dee and Dum, Kate Ferraro as the Cheshire Cat and Aubree Magyar at her calling the Bunny. To surprise us all Drew Kelly came down the auditorium floor as one of the scariest costumes, a mad doctor, which won him the scariest costume award. Matt Sanders and

Neal Sterling came on to the stage with a surprise for us all, a performance as Robots using techno music and robotic dance moves that bagged them the most original. Finally baring it all on stage Seamus Hackett came out as a hula girl, wearing only a coconut bra and grass skirt. The daring costume won him the award funniest costume.



What would YOU do for a Klondike Bar?

By Steph Leather

NAME: Seamus Hackett

GRADE: 12

WHAT WOULD YOU DO?

I'd do the truffle shuffle.



NAME: Sean Place

GRADE: 10



WHAT WOULD YOU DO?

I would Streak.

NAME: Devin Ownes

GRADE: 9

WHAT WOULD YOU DO?

Clean my room.



NAME: Shannon Naughton

GRADE: 11

WHAT WOULD YOU DO?

Kiss Mr. Coppola on the cheek!

NAME: Monica Murphy

GRADE: 9

WHAT WOULD YOU DO?

I would just ask someone for one.



NAME: Tyler Hackett

GRADE: 10

WHAT WOULD YOU DO?

I would cut the entire football field with scissors.



NAME: Samm Eichmann



GRADE: 11

WHAT WOULD YOU DO?

Do the Macerana from here to China

NAME: Kyle Place

GRADE: 12

WHAT WOULD YOU DO?

Go on a date with Mrs. Marklien.





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Behind the Scenes ... MHS Halloween

By: Noelle
Lee-Turner



This year's annual Halloween show was a success like many. But of course with any production comes hard work and complications.

In the beginning of block one, before the contestants were called down, a team of staff including Ms. Marklien and Mrs. Elms as well as Shani Sanders and I, had trouble getting the microphones to work with the speakers. This prevented us from taping the show live.

Although Shani and I are naturally very loud, yelling for such a long period of time to over 200 students would've caused any one to be horse afterwards. This tiny incident caused the show to be delayed. Students weren't called down to the auditorium until around 8:15.

Then, the contestants were only allowed to quickly walk across stage and model their costumes in order to keep it moving. Very few contestants were able to stop to perform in their costumes. But those who did used their time wisely and made every second memorable...well most contestants anyway.



Overall the judges picked the best costumes they thought were most creative and original. Despite the shortage of time all students and staff did what was important and that was to celebrate halloween with some Manasquan

